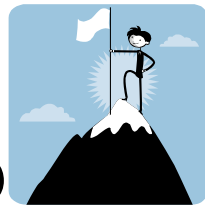




Knock Out The Knob



PILOT KNOB 10K RUN

Saturday, November 12, 2011

Part of 33rd Annual Tennessee State Parks Running Tour

NATHAN BEDFORD FORREST STATE PARK, Eva, TN - Park info 731-584-6356.

Directions: From Nashville, take I-40 West to the Camden exit 126(Hwy 69 or SR 641). Take Hwy 191 to Eva Beach Drive on Tennessee River.

Start and Finish: at Eva Beach Pavilion and conquer the highest point in West Tennessee. The 10K race starts at 11:00 AM central time.

Course: starts on Eva Beach Drive then turns right onto Hwy 191. At the park entrance, continue on County Hwy 308 to the summit turnaround and water stop and return to the beach. Every mile is marked. Certified Course TN 10082MS

Awards: five-year age groups with 3 awards in each category from under 14 to 70+.

Pre-registration Deadline: November 4, 2011. Race day registration is from 9:45 to 10:45 a.m.

Long Sleeve T-shirt: guaranteed to all pre-registered runners only.

Race Directors: Mike Bell, Jackson Roadrunners (731-441-1468) mike.bell@tennk12.net

Entry Fee: \$ 19.00 payable to Pilot Knob 10K
or \$ 6.00 without shirt
(Late fee without T-shirt \$ 13.00) No shirts race day.

Mail registration to: **Pilot Knob 10K**
1900 Liberty Rd
Camden, TN 38320

Registration: Pilot Knob 10K

Name_____

Address_____ City_____ Zip_____

Age (on race day)_____ DOB _____ Gender _____ T-shirt Size (circle) S M L XL No Shirt
Entry fees are non-refundable. Awards and shirts will not be mailed.

Waiver of Liability. In consideration for accepting my entry, I, for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims for damages I may have against the Tennessee Department of Environment and Conservation and the Jackson Roadrunners or RRCA. I also release the above named for all claims of damages, demands, and actions in any manner due to any personal injuries, property damage, or death sustained as a result of my traveling to and from and my participation in said race. I attest and verify that I am physically fit and have sufficiently trained for the competition in the 2011 Pilot Knob 10K. I hereby grant the Tennessee Department of Environment and Conservation and all sponsors permission to use my name, photograph and likeness in any broadcast, telecast, or media account. In filling out this form, I acknowledge I have read and understand my ability.

Signature_____ Date _____
(Parent signature for runners under the age of 18)

[Link to Registration Forms](#)